

October Lunch Menu

<p>*Meals are subject to change due to non-availability*</p>	<p>1 Polynesian Fillet Asian BBQ Turkey Teriyaki Pork Steak Cream Gravy Filipino Rice Buttered Egg Noodles Sesame Glazed Green Beans Corn on the Cobb Carrots</p>	<p>2 Baja Baked Cod Chicken Fajitas Steak Ranchero Onion Gravy Red Beans & Rice O'Brien Potatoes Refried Beans Mexican Corn Broccoli</p>	<p>3 Beef and Corn Pie Lemon Pepper Catfish Baked Turkey and Noodles Cream Gravy Oven Browned Potatoes Rice Pilaf Peas w/ Mushrooms and Onions Broccoli Combo Spinach Club</p>	<p>4 Baked Dijon Pork Chop Grilled Salmon w/Citrus Butter Ground Beef Yakisoba Chicken Gravy Brown Rice Scalloped Potatoes French Style Peas Corn O'Brien Southern Style Collard Greens</p>	<p>5 Baked Turkey Roulade Florentine Parmesan Fish Country Style Steak Mushroom Gravy Harvest Blend Rice Garlic Mashed Potatoes Scalped Vegetable and Bean Ragout Roasted Carrots w/ Rosemary Cauliflower</p>	<p>6 Basil Baked Fish BBQ Chicken Chicken Gravy Buttered Parsley Potatoes Steamed Rice Creamed Corn Simmered Pinto Beans Peas</p>
<p>7 Pork Chops w/Pineapple Asian Glaze Terriyaki Steak Onion Gravy Potatoes and Herbs Fried Rice with Eggs Japanese Stir Fry Vegetables Green Beans w/Mushroom Corn</p>	<p>8 Shrimp Chop Suey Orzo w/ Spinach, Tomato, and Onion Chicken Parmesan Chicken Gravy Brown Rice with Vegetable Sicilian Oven Browned Potatoes French Green Beans Cauliflower Combo Corn O'Brien</p>	<p>9 Creole Fish Fillets Orange Rosemary Pork Chop Chicken Cordon Bleu Chicken Gravy Hopping John Rice Rosemary Roasted Potato Wedge Mixed Vegetables Summer Squash Succotash</p>	<p>10 Santa Fe Glazed Chicken Sweet and Spicy Orange Salmon Stuffed Baked Pork Chops Onion Gravy Long Grain & Wild Rice Roasted Pepper Potatoes Spanish Style Beans Peas and Carrots Grilled Asparagus</p>	<p>11 Beef and Corn Pie Pork Adobo Lemon Pepper Baked Chicken Brown Gravy Spicy Brown Pilaf Rice Mashed Potatoes Fried Cabbage French Style Peas Glazed Carrots</p>	<p>12 Ginger BBQ Chicken Shrimp Kebab Zesty Pork Chops Chicken Gravy Potatoes and Herbs Steamed Rice Corn Combo Savory Summer Squash Peas</p>	<p>13 Teriyaki Chicken Pork Schnitzel Brown Gravy Baked Potato Parmesan Rice Spinach Brussel Sprouts Cauliflower Parmesan</p>
<p>14 Cheese Tortellini with Marinara Savory Baked Chicken Chicken Gravy Baked Sweet Potato Baked Mac and Cheese Succotash Corn Calico Southern Style Collard Greens</p>	<p>15 Baked Turkey Roulade Florentine Baked Dijon Pork Chop Chili Mac Turkey Gravy Long Grain & Wild Rice Rissole Potatoes Cauliflower Creamed Corn Summer Squash</p>	<p>16 Ranchero Steak Baked Salmon Bourbon Chicken Cream Gravy Roasted Pepper Potatoes Fried Rice with Eggs Carrots Broccoli Grilled Asparagus</p>	<p>17 Basil Baked Fish Herbed Baked Chicken Country Style Steak Chicken Gravy Harvest Blend Rice Scalloped Potatoes Mixed Vegetables Boston Baked Beans Tempura Vegetables</p>	<p>18 Pork Roast Tenderloin Ground Beef Yakisoba BBQ Chicken Brown Gravy Jefferson Egg Noodles Sweet Potatoes Southern Style Corn Combo Green Beans Mixed Veggies</p>	<p>19 Cranberry Glazed Chicken Lemon Pepper Catfish Stuffed Baked Pork Chops Brown Gravy Brown Rice Glazed Sweet Potatoes French Green Beans Carrots Tempura Vegetables</p>	<p>20 Stir Fry Chicken w/Broccoli Beef Pot Pie Turkey Gravy Long Grain & Wild Rice Garlic Mashed Potatoes Cauliflower Combo Spinach Club Scalloped Corn</p>
<p>21 Orange Rosemary Pork Chop Terriyaki Steak Mushroom Gravy Spicy Brown Pilaf Rice Jefferson Noodles Japanese Stir Fry Vegetables Peas Herbed Green Beans</p>	<p>22 Creole Fish Fillets Chicken Dijon Polish Sausage Chicken Gravy Franconia Potatoes Rice with Broccoli and Cheese French Style Peas Savory Style Beans Roasted Carrots w/ Rosemary</p>	<p>23 Pork Chops w/Pineapple Asian Glaze Sweet and Spicy Orange Salmon Meatballs, Ground Beef Brown Gravy Filipino Rice Buttered Egg Noodles Brussel Sprouts Broccoli Savory Summer Squash</p>	<p>24 Beef and Corn Pie Ground Turkey Lasagna Parmesan Fish Onion Gravy Baked Potato Steamed Rice Green Beans Peas and Carrots Corn Calico</p>	<p>25 Honey Ginger Chicken Shrimp Scampi BBQ Spareribs Brown Gravy Roasted Pepper Potatoes Corn Bread Dressing Peas w/ Mushrooms and Onions Broccoli Combo Roasted Cauliflower</p>	<p>26 Jerk Roast Turkey Swiss Steak Southern Fried Catfish Cream Gravy Rosemary Roasted Potato Wedge Baked Mac and Cheese Okra Melange Black Eyed Peas Southern Style Collard Greens</p>	<p>27 Fiesta Fish Grilled Pork Chops Cream Gravy Harvest Blend Rice Oven Browned Potatoes Spinach Carrots Cauliflower Combo</p>
<p>28 Spaghetti w/Meat Sauce Chicken Parmesan Chicken Gravy Potatoes and Herbs Parmesan Rice Garlic Peas Harvest Vegetable and Bean Ragout Zucchini Fritters</p>	<p>29 Baked Dijon Pork Chop Baked Salmon BBQ Chicken Brown Gravy Crispy Potato Wedges Islander Rice Roasted Cauliflower Spinach Peas and Carrots</p>	<p>30 Marinated Tomatoes With Penne And Basil Zesty Pork Chops Swiss Steak w/Brown Gravy Brown Gravy Spicy Brown Pilaf Rice Jefferson Noodles Brussel Sprouts Sautéed Collard Greens w/Garlic Roasted Carrots w/ Rosemary</p>	<p>31 Grilled Chicken w/ Mustard Sauce Yankee Pot Roast Shrimp Kebab Brown Gravy Hopping John Rice Baked Sweet Potato Summer Squash Au Gratin Grilled Asparagus Scalloped Corn</p>			