

AIRMAN & FAMILY READINESS CENTER
October 2018

GROWING YOUR MONEY

This workshop is designed to help you realize your dreams by learning the financial skills necessary to maintain a spending plan, use checking and savings accounts, and build or repair credit. This two-part class runs from 1-4 p.m. on October 3 and 10. Call the Airman and Family Readiness Center at 402-294-4329 for more information and registration.

PREVENTION AND RELATIONSHIP ENHANCEMENT PROGRAM (PREP)

Couples learn skills to improve communication, enhance intimacy, and learn to work as a team to increase happiness and decrease stress. Meets four Fridays beginning 5 October, from 3 to 5 p.m.

SPOUSE/DEPENDENT RESUME WORKSHOP

Looking for a job? Attend this workshop from 8-11 a.m. on October 9. Get helpful new information on writing a great resume. Call the Airman and Family Readiness Center at 402-294-4329 for more information and registration.

SMOOTH MOVE RELOCATION FAIR

This program gives members with PCS orders the opportunity to receive personalized information from primary agencies to assist with a "Smooth Move." Agencies attending are Airman and Family Readiness Center, Finance, TRICARE, Housing, Transportation Management Office, Rising View, Vet Clinic, Exceptional Family Members Program, and School Liaison. This fair will be on October 11, at 12:30-1:30 p.m.

BOOTS TO BUSINESS

Service members pursuing self-employment in the private or non-profit sector will learn about the challenges faced by entrepreneurs and the steps toward business ownership. Attend this new workshop on October 16 and 17, from 8 a.m.-4:30 p.m. Call the Airman & Family Readiness Center at 294-4329 for more information and registration.

1-2-3 MAGIC PARENTING CLASS

This class provides information on effective discipline for children 2-12 and offers easy-to-follow steps for disciplining children without yelling, arguing, or spanking. Class meets October 24, from 9 a.m. to noon. Call the A&FRC at 402-294-4329 for more information and registration.

HOME BUYING WORKSHOP

Are you considering buying a home? Do you understand the advantages and disadvantages? Can you afford it? Where do you start with credit and financing, and

what does it take to get a home loan? For these answers, attend this workshop from 8 a.m.-12 p.m. on October 26. Call the Airman and Family Readiness Center at 402-294-4329 for more information and registration.

A SALUTE TO SMART INVESTING

This program explains the keys to financial success useful to beginner or veteran investors and provides an overview of savings, using credit wisely, basic investing strategies, types of fraud, and danger signs that all investors should be aware of. Attend this program on October 30, from 1 to 4 p.m.